

# WILMOT | 2016 WARRIOR WALK

1 Mile Family Walk ▪ Certified 5K Run ▪ Certified 10K Run

*Celebrating Life Beyond Cancer*

## **Honoree Nomination Form**

The 4th annual Wilmot Warrior Walk will take place on Sunday, September 11, 2016, at Highland Park. Participants can choose from a 1 mile walk, a 5K walk or run, or a 10K walk or run. All proceeds from the event will benefit the Judy DiMarzo Cancer Survivorship Program and cancer research at the Wilmot Cancer Institute.

Each year, the Wilmot Warrior Walk honors survivors and caregivers – cancer “Warriors.” The Wilmot Cancer Institute is seeking nominations for the 2016 Warrior Walk. Nominees will remain anonymous until they have accepted the nomination. Honorees for the Wilmot Warrior Walk should exemplify the essential skills of dealing with life when confronting a struggle.

We are looking for individuals who demonstrate – either during their own illness or in support of someone battling cancer – discipline and mental focus, as all struggles and conflicts are settled in the mind before they reach physical resolution. Since survivorship begins at diagnosis, these individuals are persistent in the face of the difficulty, pain, discomfort, discouragement, and fear that accompany the diagnosis and treatment of a life-threatening disease.

Following the event, participants will be able to connect with one another over refreshments, enjoy family activities, learn about cancer survivorship, and listen to live music as we celebrate life beyond cancer and honor the memory of our fallen Warriors.

To date, proceeds from the Wilmot Warrior Walk have raised more than \$140,000 for the Judy DiMarzo Cancer Survivorship Program at the Wilmot Cancer Institute. We hope you’ll nominate a Warrior close to your heart for this year’s event.

*Please find the nomination form on the next page.*

Nominee(s) Name(s): \_\_\_\_\_

Is the nominee (s) a survivor or caregiver? \_\_\_\_\_

Age(s) of each nominee: \_\_\_\_\_

Type(s) of cancer: \_\_\_\_\_

Where did the nominee(s) receive treatment?  
\_\_\_\_\_

Why do you feel that the nominee(s) should be highlighted at the 2016 Wilmot Warrior Walk?  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is there anything else we should know about the nominee(s)?:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Nominator name(s):  
\_\_\_\_\_  
\_\_\_\_\_

Nominator contact information (phone number & email):  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Nominator relation to the nominee(s):  
\_\_\_\_\_  
\_\_\_\_\_

***This year's nomination deadline is Wednesday, May 11<sup>th</sup> 2016.***

You may email completed forms to [tiffany.paine@rochester.edu](mailto:tiffany.paine@rochester.edu) or mail to:

Tiffany Paine-Cirrincone  
Bloch Alumni and Advancement Center  
Wilmot Cancer Institute  
300 East River Road  
Box 278996  
Rochester, NY 14627-8996

For additional information or to form a team please visit the walk website at  
[warriorwalk.urmc.edu](http://warriorwalk.urmc.edu)